



Aio Wira Centre

(Waitakere Health & Education Trust)

Fasting Booking Information, Terms & Conditions July 2022

Fast Bookings

By placing a booking with us you agree to the following terms and conditions.

If you have any questions about booking with us, please contact us before making a booking.

Our facilities include:

- Four shared bathrooms with toilets, showers and a bath
- Dining hall and cozy guest lounge with fireplace
- Hall used for retreat, workshops, yoga, dance, etc. with fireplace
- Meditation Sanctuary
- Library with a large selection of books
- Onsite sauna and spa
- Peaceful, quiet environment the with river only 2 minutes walk and Bethells Beach a short 10 min drive

Accommodation:

- Ruru cottage with bathroom ensuite with 2 king single beds

The following bedrooms share bathroom facilities

- Four bunk rooms with 2 single beds and 1 bunk bed in each room
 - Two twin rooms (two single beds per room)
 - Two single rooms (one king single bed per room)
 - Cabin: Whare-Iti, private setting (single bed with solar lighting, no power points are available. Not used in winter)
 - Cabin: Korimako, this is held as a Body Therapy room but may be used at times for fasting accommodation.
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- All rooms have blankets or duvets (and heaters in winter) but **participants need to bring their own pillowcases, 2 x sheets (or sleeping bag) and towels for the shower, spa and sauna.**

Use of Spa pool and Sauna - complimentary

Payments

To secure and confirm your booking, a **non-refundable deposit of NZ\$100 per person** is required. If no deposit is paid then the booking may not be held.

Let us know that you have made your deposit and complete the online registration form.

[Aio Wira Fast Registration](#)

Payments to be made to Aio Wira bank account: **02 0152 0309533 00.**

Please use your name as a reference, FAST and invoice number as the code.

Full payment must be made at least 3 weeks prior to the fast starting. If full payment is not received by then, you may risk losing your deposit and your place on the fast to someone on the waiting list.

Any charges raised against us by our banks for handling bank transfers or any other payments, must be reimbursed by the participant within seven (7) days of any request to do so. Payments must be 'cleared funds' before a booking can be confirmed. Fees / Deposits are only refundable under the conditions set out as below.

Fees (incl. GST) for 2022/23

Aio Wira is a charitable trust and fees enable Aio Wira to continue to provide the service it has been doing happily since the early seventies as well as maintenance and upgrading the facilities. **Please note that these rates are subject to change without notice.**

- **5-day fasts - \$575** which includes all organic fruit and vegetable juices, herb teas and vegetable broth, meals when breaking the fast, use of facilities and accommodation in the bunk room
- **10 day fasts - \$950** which includes all organic fruit and vegetable juices, herb teas and vegetable broth, meals when breaking the fast, use of facilities and accommodation in the bunk room

If guests wish to book a bedroom other than the shared bunkrooms, then an additional fee will apply – see below: Please note the bathrooms are shared apart from Ruru cottage.

Costs to apply for the following accommodation options:

- Single room with king single bed: - \$25 extra per night
- Whare Iti single cabin with single bed: \$ 25 extra per night
- Ruru cottage twin room with ensuite: - \$50 extra per person per night (2 king single beds, this is not booked as single accommodation)
- Tent and campervan sites are available and will reduce your fee by \$10 per person per night

Please let the staff at Aio Wira know if you have any medical issues that could be an issue while fasting.

Cancellations & Non-Arrival Conditions

Retreat cancellation is the responsibility of the participant.

The deposit is non-refundable, your cancellation of the fast will result in loss of the deposit. Apart from exceptional circumstances such as bereavement and sickness, a cancellation made within 2 weeks prior to the fast will result in loss of all payments made. As a courtesy a transfer of your booking, prior to 2 weeks of the fast commencing will transfer your payment to the new booking. Any further transfers of the initial booking require payment of \$50 booking administration fee. To be fair to our fasters any changes to bookings must be made prior to 2 weeks before the fast commences.

Non-arrival of fasters, either who are unable to attend or fail to attend the fast for whatever reason forfeit their deposit paid and the full amount of the booking.

If you have to leave the fast for any reason, there is no proportional money paid for non-attendance.

If Aio Wira needs to cancel a fast for any reason, a full refund will be given.

Please be aware that Aio Wira is not in mobile phone range. Family/friends can call the Centre (09) 810 9396 if they need to reach anyone in case of emergencies.

Covid 19 Booking Policy

To comply with the NZ Government Covid policy we would ask that our faster and facilitators follow any NZ Government health requirement. Aio Wira policy may change subject to alert levels the facilitator will advise you of any requirements.

Aio Wira Centre, P.O. Box 95033, Swanson, Auckland City 0653
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