Aio Wira Centre
(Waitakere Health & Education Trust)
Fasting Booking Information, Terms & Conditions March 2023

Fast Bookings

By placing a booking with us you agree to the following terms and conditions.
If you have any questions about booking with us, please contact us before making a booking.

Our facilities include:

- Four shared bathrooms with toilets, showers and a bath
- Dining hall and cozy guest lounge with fireplace
- Hall used for retreat, workshops, yoga, dance, etc. with fireplace
- Meditation Sanctuary
- Library with a large selection of books
- Onsite sauna and spa, use of spa and sauna complimentary
- Peaceful, quiet environment the with river only 2 minutes walk and Bethells Beach a short 10 min drive

Accommodation:

- Ruru cottage a twin room with bathroom ensuite with 2 king single beds

The following bedrooms share bathroom facilities

- Four bunk rooms are twin rooms (2 single beds and 1 bunk bed are in each room)
- Two twin rooms (two single beds per room)
  Single rooms:
- Two single rooms (one king single bed per room)
- Cabin: Whare-Iti, private setting (single bed with solar lighting, no power points are available. Not used in winter)
- Cabin: Korimako

All rooms have blankets or duvets (and heaters in winter) but **participants need to bring their own linen: two x sheets and pillowcases, (or sleeping bag) and towels for the shower, spa and sauna.**

Payments

To secure and confirm your booking, **a non-refundable deposit of NZ$100 per person** is required. If no deposit is paid then the booking may not be held.

Let us know that you have made your deposit and complete the online registration form.
Aio Wira Fast Registration

Payments to be made to Aio Wira bank account: **02 0152 0309533 00.**
Please use your name as a reference, FAST and invoice number as the code.

Full payment must be made at least 3 weeks prior to the fast starting. If full payment is not received by then, you may risk losing your deposit and your place on the fast to someone on the waiting list.

Any charges raised against us by our banks for handling bank transfers or any other payments, must be reimbursed by the participant within seven (7) days of any request to do so. Payments must be 'cleared funds' before a booking can be confirmed. Fees / Deposits are only refundable under the conditions set out as below.

Fees (incl. GST) for 2023/24

Aio Wira is a charitable trust and fees enable Aio Wira to continue to provide the service it has been doing happily since the early seventies as well as maintenance and upgrading the facilities. **Please note that these rates are subject to change without notice.**

5-day fasts - $575, 10-day fasts - $950. From 1 April 2023 5 day fast $625;
From 1 October 2023, 5 day fast $650, 7 day fast $840, 10 day fast $1100
Including fast facilitation. Organic fruit and vegetable juices, herb teas and vegetable broth, meals when breaking the fast. Fast workshops and presentations, use of facilities and accommodation in the bunk room.

If guests wish to book a bedroom other than a standard twin share, then an additional fee will apply – see below. Please note the bathrooms are shared apart from the Ruru cottage.

Costs to apply for the following accommodation options:

- Single accommodation $25 extra per night
- Ruru cottage twin room with ensuite $50 extra per person per night based on twin share (2 king single beds)
- Tent and campervan sites are available and will reduce your fee by $10 per person per night

Body Therapy/Massage – additional $90 per one hour treatment

Please let the staff at Aio Wira know if you have any medical issues that could be an issue while fasting.

Cancellations & Non-Arrival Conditions

Retreat cancellation is the responsibility of the participant.

The deposit is non-refundable, your cancellation of the fast will result in loss of the deposit. Apart from exceptional circumstances such as bereavement and sickness, a cancellation made within 2 weeks prior to the fast will result in loss of all payments made.
As a courtesy, a one-off transfer of your booking can be made (this needs to be prior to 3 weeks of the fast commencing).
Any further transfers or changes of the initial booking require payment of $50 booking administration fee. To be fair to our fasters any changes to bookings must be made prior to 2 weeks before the fast commences.

Non-arrival of fasters: who are unable to attend or fail to attend the fast for whatever reason forfeit their deposit paid and the full amount of the booking.

If you have to leave the fast for any reason, there is no proportional money paid for non-attendance.

Aio Wira reserves the right to cancel any event or fast, and will give as much notice as possible prior to the date. Your payments will be credited to another Aio Wira run event, or a full refund applied for. Aio Wira is not liable for travel costs or losses incurred for event cancelation. We advise taking travel insurance.

Please be aware that Aio Wira has limited mobile phone reception. Family/friends can call the Centre (09) 810 9396 if they need to reach anyone in case of emergencies.

Aio Wira Centre, P.O. Box 95033, Swanson, Auckland City 0653
Physical address: 8 Aio Wira Rd, Te Henga, Waitakere (at the end of the road)
Phone (09) 810 9396, 027 810 9396
mail@aiowira.org.nz
www.aiowira.org.nz